

Language: _____

Name: _____

Use this checklist to record what you think you can do (Column 1):
 Use the symbols in column 1: ✓ I can do this under normal circumstances.
 ✓✓ I can always do this easily.
*If you have ticked **80% of the points in column 1** with ✓ or ✓✓, you have probably reached this level.*

B2	Self-assessment	1
Listening		
I can understand in detail what is said to me in standard spoken language even in a noisy environment.		
I can follow a lecture or talk within my own field, provided the subject matter is familiar and the presentation straightforward and clearly structured.		
I can understand most radio documentaries delivered in standard language and can identify the speaker's mood, tone etc.		
I can understand TV documentaries, live interviews, talk shows, plays and the majority of films in standard dialect.		
I can understand the main ideas of complex speech on both concrete and abstract topics delivered in a standard dialect, including technical discussions in my field of specialisation.		
I can use a variety of strategies to achieve comprehension, including listening for main points; checking comprehension by using contextual clues.		
Spoken interaction		
I can initiate, maintain and end discourse naturally with effective turn-taking.		
I can exchange considerable quantities of detailed factual information on matters within my fields of interest.		
I can convey degrees of emotion and highlight the personal significance of events and experiences.		
I can engage in extended conversation in a clearly participatory fashion on most general topics.		
I can account for and sustain my opinions in discussion by providing relevant explanations, arguments and comments.		
I can help a discussion along on familiar ground confirming comprehension, inviting others in, etc.		
I can carry out a prepared interview, checking and confirming information, following up interesting replies.		
Spoken production		
I can give clear, detailed descriptions on a wide range of subjects related to my fields of interest.		
I can understand and summarise orally short extracts from news items, interviews or documentaries containing opinions, argument and discussion.		
I can understand and summarise orally the plot and sequence of events in an extract from a film or play.		
I can construct a chain of reasoned argument, linking my ideas logically.		
I can explain a viewpoint on a topical issue giving the advantages and disadvantages of various options.		
I can speculate about causes, consequences, hypothetical situations.		

Strategies	
I can use standard phrases like "That's a difficult question to answer" to gain time and keep the turn while formulating what to say.	
I can make a note of "favourite mistakes" and consciously monitor speech for them.	
I can generally correct slips and errors if I become aware of them or if they have led to misunderstandings.	
Language quality	
I can produce stretches of language with a fairly even tempo; although I can be hesitant as I search for expressions, there are few noticeably long pauses.	
I can pass on detailed information reliably.	
I have sufficient vocabulary to express myself on matters connected to my field and on most general topics.	
I can communicate with reasonable accuracy and can correct mistakes if they have led to misunderstandings.	
Reading	
I can rapidly grasp the content and the significance of news, articles and reports on topics connected with my interests or my job, and decide if a closer reading is worthwhile.	
I can read and understand articles and reports on current problems in which the writers express specific attitudes and points of view.	
I can understand in detail texts within my field of interest or the area of my academic or professional speciality.	
I can understand specialised articles outside my own field if I can occasionally check with a dictionary.	
I can read reviews dealing with the content and criticism of cultural topics (films, theatre, books, concerts) and summarise the main points.	
I can read letters on topics within my areas of academic or professional speciality or interest and grasp the most important points.	
I can quickly look through a manual (for example for a computer program) and find and understand the relevant explanations and help for a specific problem.	
I can understand in a narrative or play the motives for the characters' actions and their consequences for the development of the plot.	
Writing	
I can write clear and detailed texts (compositions, reports or texts of presentations) on various topics related to my field of interest.	
I can write summaries of articles on topics of general interest.	
I can summarise information from different sources and media.	
I can discuss a topic in a composition or "letter to the editor", giving reasons for or against a specific point of view.	
I can develop an argument systematically in a composition or report, emphasising decisive points and including supporting details.	
I can write about events and real or fictional experiences in a detailed and easily readable way.	
I can write a short review of a film or a book.	
I can express in a personal letter different feelings and attitudes and can report the news of the day making clear what – in my opinion – are the important aspects of an event.	