



Quick-and-easy quinoa salad with vegetables and feta (perfect for preparing the day before)

Ingredients:

- 50 grams quinoa
- Optional: Cherry tomatoes, cucumber, peppers
- Feta cheese
- Fresh herbs (e.g. parsley or mint)
- Lemon juice, olive oil, salt, pepper

Preparation:

Cook the quinoa according to the package instructions and leave to cool. Dice the vegetables and mix with the quinoa, feta and herbs. Flavour with lemon juice, olive oil, salt and pepper.